



## Lauren Hess

March 26, 1980 - September 6, 2020

Lauren Elizabeth Hess was born Wednesday, March 26, 1980 in Oklahoma City, Okla to Debbie (Dixon) and Randy Hess. She left us far too soon on Sunday, September 6, 2020 at her home in Tulsa from complications of juvenile (Type 1) diabetes.

Lauren was raised in Okmulgee, Okla and graduated from Okmulgee High School, class of 1998. She attended the University of Oklahoma where she pledged Pi Beta Phi and graduated with a B.A. in Liberal Studies.

Lauren was a force. She captivated and commanded a room with her contagious smile, roaring laughter and animated stories. She was smart and quick witted. She excelled in sports, going to State in both tennis and golf, and was thrilled when she made her hole in one. She was a skilled gardener and found purpose in arranging flowers and landscape design. Lauren was creative and brought joy to others through planning and hosting parties and events. She loved being surrounded by family and friends, decorating for the holidays, the lake, traveling, her time in Boston, singing and dancing, and a good book.

She was fiercely protective of her family, even giving herself the title of “bodyguard” to her younger sister and nephews. Lauren was a loyal friend, putting everyone above herself until her last day.

Lauren was preceded in death by her maternal grandparents, Joan and Bill Dixon, paternal grandparents, Louise and Bob Hess, and her beloved yorkies, Stella and Bentley Hess.

She leaves behind her parents, Debbie and Randy Hess, sister Joan (Hess) Anderson and husband Cody, nephews Hess and Henry Anderson; aunts and uncles, Holly (Hess) and Don Martin, Cindy Hess and Frank Duncan, Margaret and Rob Hess, Lou Anne Hess, Kathy and Rick Hess and Mike Dixon; cousins, Emily (Martin) and Jason Bussey and their children, Marielle, Vivian, Corrine and Lucia, Nonya and John Martin and their children, Andrew and Anna, Mariena and Scott Martin, Jackson Hess, Alex Hess, Mark Hess, Robert Walters, Austin Walters, Tyler Walters, Jordan Hess, Blake Hess and Aaron Dixon; and countless friends, classmates and loved ones from near and far – whose lives are all better for having known her.

A family service is scheduled for Sunday, September 13. A celebration of her spirited life and generous heart will be held at a later date.

Although Lauren had a great love of flowers and plants, the family asks that in lieu of flowers, donations be made in her honor to the Juvenile Diabetes Research Foundation.

Arrangements and cremation services have been entrusted to the McClendon-Winters Funeral Home of Okmulgee. Memories, condolences, photos and videos may be shared with the family on Lauren's Tribute Page of our website at [www.mcclendon-winters.com](http://www.mcclendon-winters.com)

# Tribute Wall



“ *Lauren Hess*

December 20, 2022 at 11:29 AM



“ *My deepest condolences to Lauren's family. May your love for each other and fine memories sustain you. Tears are being shed now while thinking of how much this news would have saddened my mother Iris and father Jim.*

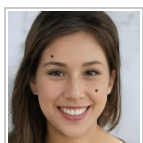
**Stephen Brownfield** - March 19, 2021 at 12:20 PM



“ *Joan Reynolds lit a candle in memory of Lauren Hess*

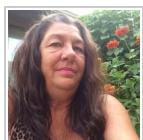


**Joan Reynolds** - September 18, 2020 at 01:40 PM



“ *When I saw that she had passed away I couldn't believe it... So sorry for your loss... All my love sent to family and friends* 💜💜💜💜

**Sherissa Newhouse** - September 16, 2020 at 11:17 PM



“ *Deepest heartfelt sympathy for the whole Hess Family. The love, joy, and laughter that the beautiful fierce Lauren brought to all of us will NEVER be forgotten. Praying for comfort and peace for all.*

**Donis Cook** - September 14, 2020 at 03:49 PM

RK

“ *Laughter—I remember Lauren’s laughter was contagiously genuine. I remember she was an open book to how she felt about something—tenaciously. She could debate in circles often getting ahead of herself...but that proved her passion in what she was telling us. I honestly cannot think of one thing about Lauren that wasn’t real. In middle school when my brother Jon moved into town—she sure had a thing for his long hair..? It’s been many years since I’ve been back, and my heart aches as if it were possible to be in middle school again— when I first began my time in the class of ‘98! Prayers for Lauren’s family and friends..rest in peace sister.*

Rebecca Kimbrel - September 14, 2020 at 02:19 PM

AG

“ *Amy Gardenhire lit a candle in memory of Lauren Hess*



Amy Gardenhire - September 13, 2020 at 07:08 PM

AG

*I'm so sorry for your loss, Lauren had an awesome personality, a contagious laugh and was Beautiful person inside and out, she was called home way to soon but she had plenty of beautiful people to take her hand and walk with her!!! My heart aches for the Hess family and friends!!! Rest in peace Our Beautiful Lauren!!!* ❤️🙏❤️

Amy Gardenhire - September 13, 2020 at 07:16 PM

SD

“ Sharon DeMoe lit a candle in memory of  
Lauren Hess



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**Sharon DeMoe** - September 12, 2020 at 10:59 PM

AH

“ 1 file added to the tribute wall



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**Alice Holleman** - September 12, 2020 at 05:20 PM

KM

“ So sorry to hear about your daughter. Thinking of you all.  
Kenneth Mann

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**Kenneth Mann** - September 12, 2020 at 02:56 PM

DM

“ David Miller lit a candle in memory of Lauren  
Hess



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**david miller** - September 11, 2020 at 04:36 PM

HB

“ Lauren was so much fun! We would always laugh so hard when we were together! She will be greatly missed. Love and prayers to Randy, Debbie and Joan.

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**Hayley Bruce** - September 11, 2020 at 01:36 PM

JP

“ My thoughts and prayers go out to the Hess Family and many close friends of Lauren! I always enjoyed talking with Lauren when we were in school together. Those tennis bus trips were always filled with laughter and a lot was coming from funny comments Lauren would make. I hope God can comfort all that loved Lauren!!

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**Jason Patrick** - September 11, 2020 at 10:29 AM

JK

“ My life is better having known Lauren Hess. I can't imagine my college years without her. I'm so sorry to the Hess Family for your loss, she did love her family fiercely. I admired her. Love and Prayers, Julie Koontz

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**Julie Koontz** - September 11, 2020 at 10:00 AM

JJ

“ Lauren was an amazing person to grow up with. We had a lot of great times together. My heart goes out to the entire Hess Family. I am so sorry for your loss.

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**Jones Jones** - September 11, 2020 at 09:29 AM

AT

“ I met Lauren in campfire then became friends , eventually classmates .She always made me laugh . I'll always remember you Lauren. My prayers for the family , sorry for your loss.



**Ane Thomas** - September 11, 2020 at 09:03 AM

LC

“ Lauren was my classmate and a beautiful person inside and out. She had a beautiful smile and she will live on in our hearts until we see her again .



**Lisa Cable** - September 11, 2020 at 04:09 AM

CM

“ Crystal Mayden lit a candle in memory of Lauren Hess



**Crystal mayden** - September 11, 2020 at 03:33 AM

CM

“ Charlotte Mason lit a candle in memory of Lauren Hess



**Charlotte Mason** - September 11, 2020 at 01:01 AM

MF

“ Lauren was someone you just wanted to be around. She had an ease about her and knew exactly who she was. I just remember laughing so much. And that’s what I’ll always remember.

Meredith Ford - September 10, 2020 at 08:13 PM

QU

“ Lauren thank you for always being truly genuine, your laughter and smile will be missed by many. The Class of 98 love you and will miss you❤️  
#PrayingForYouMrsHessAndFamily



Quinta - September 10, 2020 at 07:14 PM

BW

“ Our deepest sympathy to the family and friends of Lauren. May you find comfort in your faith during this sad loss of a lovely, young woman.  
Bonita Wood and Family



Bonita Wood - September 10, 2020 at 06:41 PM

LJ

“ Linda Jones lit a candle in memory of Lauren Hess



Linda Jones - September 10, 2020 at 06:00 PM

JM

“ What can I say that’s been said. Lauren was such a force in so many lives. She, Casey, Heather and my daughter Brooke we’re sister friends. In our house many moments of time. Breaking my heart that she is gone. She and her mom were at my house reliving stories when my wife Shari died. So many laughs and times we all spent together. Time takes its toll. God bless you Lauren. Hope you , Heather and Shari are having a wonderful finally healthy reunion.

Jimmy McClendon - September 10, 2020 at 05:49 PM

CP

“ I am so sorry and I am praying for your family!



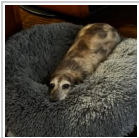
Christy Parker - September 10, 2020 at 05:00 PM

JR

“ Joan Reynolds lit a candle in memory of Lauren Hess



Joan Reynolds - September 10, 2020 at 02:58 PM



“ Lauren was in my second grade class. What a gentle soul was she. Lauren always had a smile and was quick to help those in need. Lauren was beautiful, smart, and even shy back then. My heart is saddened for this loss! Prayers for all. Rest in peace beautiful Lauren.

Judy Bliss - September 10, 2020 at 07:31 AM

DN

*Lauren was such a beautiful kind person. I always enjoyed my conversations with her. Rest in peace Lauren!*

**Dr. Jerry Nick** - September 10, 2020 at 03:25 PM

JS

*Words can't explain how sorry I am for you all. When all of the girls were together it was such a wonderful time in their lives.  
#3gonetoo soon*

**julie collett scott** - September 10, 2020 at 06:06 PM



“ *Steven Sanders lit a candle in memory of Lauren Hess*



**Steven Sanders** - September 10, 2020 at 06:49 AM

MJ

“ *My prayers for the family at this time.*



**Marilyn Jackson** - September 09, 2020 at 11:41 PM

DC

“ I loved that girl. She was a kind and sensitive person. She did some work for me several times and even when it was hot or she didn't feel well, she worked hard and I would have to make her come in and take a break. Beautiful in person and trying to find her way in life . Her diabetes kept her from reaching some goals but , oh, the skills she had. And I will miss her so.

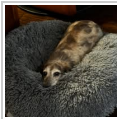


Diane Cockburn - September 09, 2020 at 01:53 PM

DS

“ I first met Lauren when she was nine years old . She was a pretty, quirky, funny and feisty child. I worked for Rand Hess for 25 years, so I got to see Lauren grow to a pretty, quirky, funny, feisty young woman. She was always polite and even kind to me . I don't think Lauren realized what a beautiful woman, with a gentle soul, she was . The world will be a little poorer for the loss of Lauren.

Debra Scott - September 09, 2020 at 05:23 AM



Lauren was in my second grade class and was a gentle soul! Beautiful, smart, and even shy back then. Lauren always had a smile and was quick to help those in need. My heart aches. Prayers for everyone. Rest in peace precious Lauren.

Judy Bliss - September 10, 2020 at 07:24 AM